



October 2026

JERICHO HS & MS LUNCH MENU

Daily Lunch Offerings:

- Rotating Nacho /Pasta / Yogurt /Salad Bar(HS)
- Homemade Hummus w/ pita & fresh veggies
- Yogurt Parfaits
- Assorted Sandwiches on Rolls or Bread
- Bagel Boss Bagels
- Entrée salads served with WG Flatbread
- Cheese(V), Pepperoni or Specialty Pizza
- Grilled Cheese
- Hamburger/Cheeseburger
- Chicken Sandwiches

Student Lunch FREE

Adult Lunch \$5.50

**10/12-10/16 is
National
School Lunch
Week**

MON	TUES	WED	THURS	FRI
LTO Southwest Crunch Burger Beef patty topped with a cheesy blend of roasted onions, peppers, cumin, smoked paprika & garlic; with tortilla chips LTO = Limited Time Offering 10/6-10/9			World Vegetarian Day 3 Cheese Grilled Cheese served with Tomato Soup Fresh Cucumbers Fresh Red Delicious Apple	2 Chicken Carnitas Tacos with salsa & sour cream Spicy Black Beans Fresh Grapes
5 Mac & Cheese Bites(V) Sweet Corn Cherry Tomatoes Fresh Granny Smith Apple	6 *LTO* Sweet Chili Chicken served with WG Rice Steamed Edamame Fresh Berries	7 *LTO* Baked Chicken Corn Dogs with dipping sauces Roasted Cauliflower Fresh Grapes	8 *LTO* Penne Pasta with Meat Sauce(B) or Marinara Sauce(V) Roasted Broccoli Fresh Oranges	9 *LTO* WG French Toast Sticks(V) Chicken Sausage Patties Baked Tater Tots Fresh Apple Slices
12 SCHOOLS CLOSED	13 Gochujang Hot Honey Chicken Sandwich Baked Tater Tots Fresh Red Delicious Apple	14 Burrito Bowl (chicken, rice, cheddar) Spicy Black Beans Fresh Honeydew Melon	15 Homemade Mac & Cheese(V) served w/ a dinner roll Roasted Zucchini Fresh Grapes	16 Cheeseburger Nachos with Pickle Queso Seasoned Corn Fresh Clementines
19 Teriyaki Chicken served with WG Rice Steamed Edamame Fresh Banana	20 Pizza Crunchers Sweet Corn Cucumber Coins Fresh Granny Smith Apple	21 Tomato Alfredo Penne with Chicken Roasted Broccoli Fresh Cantaloupe	22 Dutch Waffles(V) Chicken Sausage Patties Baked Tater Tots Fresh Strawberries	23 Chicken Meatball Sub Melt Kale Salad Fresh Zucchini Fresh Pear
26 Baked Pizza Sticks(V) Roasted Cauliflower Baby Carrots Fresh Honeydew Melon	27 Chicken Tenders Mashed Potatoes Cherry Tomatoes Fresh Pear	28 Chicken Dumplings with Vegetable Fried Rice Cucumber Coins Fresh Grapefruit	29 Beef Gyro (tomatoes, cucumbers & flatbread w/ spicy tzatziki sauce) Potato Wedges Fresh Red Delicious Apple	30 Cheese Quesadilla served with salsa & sour cream Kickin Pinto Beans Romaine Side Salad Fresh Cantaloupe

**Any questions regarding food allergies, please call the Lunch Office
(516) 203-3600 x3258 or x3333**

BREAKFAST & LUNCH ARE FREE FOR ALL STUDENTS FOR THE 26/27 SCHOOL YEAR
A second lunch is \$3.25-\$3.75



This institution is an equal opportunity provider.

Available Daily:

Fresh Fruits & Veggies - Apples, Oranges, Carrots, Cherry Tomatoes, Cucumbers and/or Celery
 Beverages - 100% Apple Juice, 100% Tropical Punch,, Fat-Free White Milk & FF Choc Milk
Items with a (P) contain pork. Items with a (B) contain beef. Items with a (V) are vegetarian

All Lunches Must Include
 Choice of:
 Fruits and/or
 Vegetable
 And May Include: Milk

Menus are Subject to Change

